Calendar

Week 5

- Friday 26 Feb: District Swimming Carnival

Week 6

- Thursday 3 March: Bulli HS Enrichment Class test
- Friday 4 March: Yrs 3-6 Recreational Sport #2 of 5
- Clean Up Australia Day
- WHSPA Audition Packages due

Week 7

- Tuesday 8 March: Kindergarten Vision Screening
- Bulli HS Expo Evening
- Thursday 10 March: Selective HS test
- Friday 11 March: Yrs 3-6 Recreational Sport #3 of 5

Special dates for your diary

- Tuesday 22 March: Photo Day
- Thursday 24 March: Grandparent’s Open Day
- Easter Hat Parade
- Tuesday 31 March: Upstanders Parent Session 9.00am
- Upstanders Kindergarten
- Tuesday 5 April: Cross-Country Carnival
- Week 11: Parent / Teacher interviews Yrs 1-6

What’s overdue / due?

- Friday 5 Feb: Family Update forms

Principal’s message

Early in the term, our educational psychologist / school counsellor, Nikki Dalla Pozza, introduced the staff to Mindfulness with a particular emphasis on using the Smiling Mind App. Over the past weeks, your children (and their teachers) have experienced Mindfulness.

Why are we building Mindfulness into our curriculum? Over the past year, through our commitment to wellbeing, the staff have been exploring ways to assist our students to cope in the busy and ‘instant’ world in which we live.

Mindfulness helps us to calm the mind by focusing on our body in the present, emptying the mind of busy thoughts along the way. Activities take as little as a minute and are used at various times throughout the day. For many students, this moment to relax is the only time in their busy day where they can forget about everything else and focus on themselves. Mindfulness enables us to better manage stress and improves focus, relationships and productivity.

The Department supports Mindfulness using the Smiling Mind App as part of its commitment to student wellbeing. We have also registered to be part of a pilot program in our local area.

Thank you, Mrs Dalla Pozza for introducing the staff to Mindfulness. I encourage parents to also access the Smiling Mind App for your own benefit as there is an adult section. Our commitment to student wellbeing is well-recognised throughout the wider community with positive comments flowing from all parts of the sector including Dr Patty Rose, presenter of Upstanders.

Perhaps you will have time to make your mind smile this week.

Rhonda Morton

Congratulations, Finley!

In 2015, Finley entered the Bicycle NSW Artwork Competition with his own helmet design. Finley was named regional winner and received a helmet designed by the State winner and a $300 Big W voucher. Fabulous work, Finley!

Thank you, P&C for a wonderful Welcome BBQ!
District Swimming Carnival
Best wishes to all our swimmers at this Friday’s carnival. Please remember to bring your $3.10 pool entry fee and wear your sport uniform, hat and sunscreen. While there is a canteen, it is advisable to bring your own healthy food and water as the canteen will not be accessible until after your events have been completed. Mrs Morton will meet you near the entrance to Corrimal Pool. Spectators are more than welcome to join us with some of our parents expected to assist with time keeping throughout the day on a roster system. Entry fee for spectators is $0.60.

Road Crossing and U-turns
In the interest of child safety, please follow the road and pedestrian rules around our school. If you are crossing Haig Road, please use the pedestrian crossing. A number of families are cutting across Haig Rd at the William St end causing extra confusion for motorists. Further, a number of drivers are making a u-turn at the intersection of Haig Rd and William St. This is both illegal and highly dangerous.

Taking Off With Numeracy Years 3-6
Over the past two weeks, Mrs Wedeman led the Stage 2 and 3 teachers, and Mrs Byrom through further professional learning for Taking off with Numeracy (TOWN). TOWN is a maths program that differentiates numeracy learning for students in Years 3-6. It complements Targeting Early Numeracy, a program used in K-2. The professional learning culminated in a lesson study where teachers observed then provided feedback to each other. TOWN also forms part of the teacher’s Performance and Development Plan and is an integral part of our School Plan. Mrs Morton even had a chance to pop in for an update on her learning. Thank you, Mrs Wedeman.

School Cross-Country
Our school cross-country will be held on Tuesday 5 April. (Full details will be sent home, on a separate note, closer to the date.) Over the next few weeks, we will be having practices to prepare for this event. Keep the date for your diary. We look forward to seeing you there.

D. van Kessel
Cross-Country Organiser

Focus on Reading
Bulli Public School is in our second year of implementing an exciting literacy program called Focus on Reading (FoR). The program explicitly teaches comprehension strategies which results in students being able to respond to, interpret, analyse and evaluate texts. The six comprehension strategies are: Making Connections, Visualising, Summarising, Predicting, Monitoring and Questioning. Each term Year 2 to Year 6 classes will focus on a specific strategy.

PREDICT – MAKE A SMART GUESS ABOUT WHAT IS GOING TO HAPPEN NEXT
To predict is to make a smart guess about what is going to happen next based on the text or illustrations.
Students develop literacy skills by predicting what a text may be about. You can help at home by asking questions such as: What do you think the story will be about based on the title and cover of the book? How do you think the character will solve the problem? What will happen next in the story? If you were the author of the book, how would you end the story?

Friendly Kids Friendly Classrooms
The social skill for home discussion in this fortnight is ...

Approaching and joining in

Dos
- Go and join in – don’t wait to be asked
- Look for people who seem friendly and who are by themselves or in small groups.
- Stand near them and wait for a good moment (e.g. a pause in the game for conversation).
- Smile, look in their eyes and say hello. Also use their name if you know it.
- Make a positive comment about the game or about the topic of conversation.
- If their response is good, just start doing what they’re doing or talk about what they’re talking about.

Don’ts
- Don’t approach larger groups. They are harder to join in with.
- Don’t barge straight in.
- Don’t wait around for too long.
- Don’t have a sad or sour look on your face.
- Don’t look down at the ground.
- Don’t say bad things about the game.
- Don’t try to take over the game or conversation.
- Don’t interrupt while someone else is talking.
- Don’t try to change the game or the topic of conversation.
3-6 Recreational Sport
Recreational sport was off to a good start on Friday. Thanks to Mrs Wedeman for organising this opportunity for our students in Years 3 to 6.

Tennis at Bulli Tennis Courts
As usual Bulli PS students were excellent ambassadors to take out of the school grounds. A fast walk to the tennis courts served as a good warm up!
Meeting with Mr Barclay we soon saw demonstrations on what to do ...bouncing on your feet, being ball ready, and what not to do: no butterfly hits, no banana swings.
Seven instructors for 26 children made for great skills training. Some highlights:
Ella: I realised that I wasn’t as bad as I thought I was and I quite enjoyed the sport.
Rush: I loved everything, it was really FUN. It gave me enthusiasm as I used to do it and now I want to get back into it.
Chloe: It was really fun but you get really hot and sweaty easily.
Larni: I enjoyed it because it was a fitness kind of sport and it was enjoyable and fun.

P & C NEWS
School Banking
School banking day is WEDNESDAY.
Every year the School Banking program launches a new savings theme and new exclusive School Banking reward items. This year’s program is themed Outback Savers and School Banking is taking students on a wild adventure through the Canyon of Savings, where they’ll learn to master smart savings habits.
There are 8 new reward items for 2016 from the Outback Savers range:

- Flying Snake Tail
- Mud Splat Handball
- Backtrack Eraser Pen
- Bush Fly Fan
- Wildlife Writer Set
- Outback Pat Bag Tag
- Jump and Skip Rope
- Wriggly Glow Worm

Win a wildlife family adventure holiday to Australia Zoo!
Students will also have the chance to win a family trip for up to two adults and three children to explore Australia Zoo and meet Bindi and Robert Irwin. Students who make 15 or more School Banking deposits by the end of Term 3 2016 will be automatically entered into the draw.
If you would like to know more about School Banking, please ask for a 2016 School Banking program information pack from the school office.

Nikki W, School banking coordinator

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Dogs on school grounds
Please remember that is against the law to bring animals onto school grounds unless by prior arrangement for a class activity. You are also requested not to tie your dog to the fence whilst on school grounds especially near gates and pathways. This is particularly true for high traffic times of the day (drop-off and pick-up).

Year 7 Enrichment Class 2017
Bulli High School supports and encourages all students to achieve personal best in all areas of school life including academic performance, sport, creative & performing arts and to be good community citizens.
As part of our commitment to student achievement and engagement Bulli High School will be creating a 2017 class for Year 7 students with high academic ability, and who demonstrate commitment and motivation.
An Enrichment Placement Test will be held in the Bulli High School hall at 9.30am on Thursday 3 March 2016.
Application forms and information are available from the Bulli HS office and website, and from local public schools.
Application forms need to be completed and returned to Bulli High School by Thursday 25 February.

Wollongong High School of the Performing Arts Audition Packages
The Wollongong High School of the Performing Arts audition package for students entering Year 7 in 2017 is available from our office. Interested students may audition for dance, drama, music and/or visual arts. Completed “Audition Applications for Year 6 into Year 7 Enrolment 2017” must be returned to Wollongong High School of the Performing Arts (Attention: Lynne Kerr) by Friday 4 March 2016.

Southern Stars Performing Company 2016
The Southern Stars Performing Company is a group of performers consisting of contemporary dance, drama, vocal, choir and instrumental students who are selected through an audition process for Southern Stars. Performers from the Company can be asked to perform at special Departmental and community events, but their main focus each year is Southern Stars.
Southern Stars 2016 will be held 24 – 27 August 2016 at WIN Entertainment Centre.
Please Note: All audition applications will be ONLINE. Please click the link below to apply:
https://southernstarseoi.wordpress.com/auditions/
A copy of the full information package is also available from the Bulli Public School office. Nominations close Friday 26 February 2016.
COMMUNITY NEWS

These advertisements are presented free of charge to support our local not-for-profit community clubs.

**Bulli Breakfast Club**

- Primary and preschool children welcome
- Come and join us for breakfast @ the canteen.
- Every Monday morning of the school term from 7:45am till 8:35am
- Just a gold coin donation for cereal, toast, juice and yogurt.

We are always looking for Volunteers. If you would like to help please phone the Breakfast Coordinator Julie on 0422 0203 820

**Become a Butcher in 2016**

Join Thirroul Junior Rugby League Club
Free for U 6s. New players receive bag, singlet and polo.
Girls’ league tag ages 9 and up.
Payment (via cash, cheque or credit card) at Thirroul Bowling Club Sunday 28 February from 2-4pm.

**Northern District Tigers Junior AFL**

Registration: Saturday 27 February 2016
Woonona Bulli RSL – Auditorium
2:00 pm to 4:00 pm
AFL caters for boys and girls from 4 ½ to 15 years.
Played on a Sunday.
All new players receive shorts, socks, bag and a ball as part of registration.
For further information visit: [www.juniortigersafc.com](http://www.juniortigersafc.com)
Facebook: Northern District Tigers Junior AFC
Contact Tony Ryan 0400186100.

**Girls’ League Tag**

Are you turning 10, 11 or 12 this year?
Then we need you for our U12 team!!
A non contact sport - Grab some of your friends and join now!
Registration is $80.
Players receive a footy ball & league tag shorts.
Club socks are $12.
Please call our Club Registrar, Andrew, on 0413 835 381.

**Woonona Bulli Bushrangers Junior Rugby League Club**

**FREE REGO**

**UNDER 6!!**

*Modified Rules, Small Fields*
*contact Andrew 0413 835 381*

**NRL Under 6 - Free Rego (save $80)**
Modified rules for safe play, small teams, small field!
Shorts & socks pack - $32. Players receive a footy ball & training shirt.
To register, go to [www.playnrl.com.au/register](http://www.playnrl.com.au/register) or call our Club Registrar, Andrew, on 0413 835 381.

**Become a WEP host family in 2016!**
Do you want to experience new cultures? Are you curious, welcoming and keen to show off your lifestyle? Have you thought about hosting an overseas exchange student? WEP Australia are looking for volunteer host families now! If you think you match the above criteria, request an information pack on our website today: [https://wep.org.au/host/](https://wep.org.au/host/)

**Register to Play Football**

Visit [www.footballsouthcoast.com](http://www.footballsouthcoast.com)

**Play Football**

**Register Now at**
[PLAYFOOTBALLNSW.COM.AU](http://PLAYFOOTBALLNSW.COM.AU)