Calendar

Week 8

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>Friday 20 March</td>
<td>Years 3-6 Recreational Sport #4</td>
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<tr>
<td>Friday 20 March</td>
<td>Harmony Day / National Day of Action Against Bullying &amp; Violence - Peer Support Activities</td>
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Week 9

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>Tuesday 24 March</td>
<td>Upstanders Parent Session 9.00am</td>
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<tr>
<td>Friday 27 March</td>
<td>Years 3-6 Recreational Sport #5</td>
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<tr>
<td>Friday 27 March</td>
<td>K-2 Fun Run 10.00am</td>
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<td></td>
<td>Yrs 3-6 Cross Country 11.30am</td>
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Week 10

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>Monday 30 March</td>
<td>Scheduled Parent/Teacher meetings</td>
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<tr>
<td>Monday 31 March</td>
<td>Scheduled Parent/Teacher meetings</td>
</tr>
<tr>
<td>Thursday 2 April</td>
<td>Grandparents’ Day Assembly</td>
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<td>Thursday 2 April</td>
<td>Hat Parade 2pm</td>
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What’s due / overdue

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>Friday 6 March</td>
<td>Permission to Publish note</td>
</tr>
<tr>
<td>Monday 9 March</td>
<td>Update of Family Details note</td>
</tr>
<tr>
<td>Friday 20 March</td>
<td>High School 2016 forms</td>
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<tr>
<td>Friday 20 March</td>
<td>Cross Country Asthma note</td>
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Special dates for your diary

<table>
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<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>Thursday 2 April</td>
<td>Last day of Term 1</td>
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<tr>
<td>Tuesday 21 April</td>
<td>First day of Term 2 for students</td>
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<tr>
<td>12-14 May</td>
<td>NAPLAN Years 3 &amp; 5</td>
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Principal’s message

Harmony Day celebrates Australia’s cultural diversity. It’s about inclusiveness, respect and a sense of belonging for everyone. Harmony Day will be celebrated this Friday with our students participating in peer support activities designed to complement this year’s theme: Everyone Belongs. The colour of Harmony Day is orange and all children are invited to wear a piece of orange clothing (covered shoulders and enclosed footwear please) or an orange accessory on Friday. There will be a special $6.00 Meal Deal available on the day. Recess: Fruit custard jelly cup
Lunch: Spaghetti & meatballs & an orange slushy

National Day of Action and Against Bullying and Violence coincides with Harmony Day with our peer support activities also reflecting this important day. Students will also receive a wrist band.

Earlier this term, Interrelate (who are visiting our school later in the year to present their optional workshops for students in Years 3-6 and their parents) conducted a ‘Say no to bullying’ poster competition. Many students from 3/4vK and 3/4W took up the challenge and we are pleased to announce that Adam from 3/4W has been awarded Highly Commended in this state-wide competition. Adam now has the opportunity to attend an awards ceremony with His Excellency General the Honourable David Hurley AC DSC (Retd), Governor of NSW. Congratulations, Adam!

Thank you to the parents who have advised they will be attending Dr Patty Rose’s Upstanders parent workshop on Tuesday 24 March. Your participation in this workshop (funded by the school) will enable you to understand the language being used at school as well as the strategies being taught. Most importantly, your participation will demonstrate to your child your commitment to, and shared interest in protecting your child throughout life. A return slip is included in this week’s newsletter for parents to attend.

Enjoy your week!

Rhonda Morton
K-2 Fun Run
On Friday, 27 March (Week 9) from 10.00am, the students in K-2 will participate in a Fun Run which is a modified version of the more arduous Cross Country Carnival in which Years 3-6 participate.

The event will be held in the large playground at school. Kindergarten students will complete one circuit of the playground, Year 1 will complete two and Year 2 will attempt three circuits.

The aim of the Fun Run is to promote enjoyment of physical activity, participation and sportsmanship. Please help your child to prepare for the event by ensuring he/she has a sports uniform, a hat, running shoes and a water bottle. It would also be a good idea to apply sunscreen before leaving home.

Why not make a whole morning of it! The Fun Run will follow our K-2 Assembly to be held at 9.10am which you are most welcome to attend. You are also welcome to bring a picnic morning tea to share with your child at Recess time and to stay for the Years 3-6 Cross Country Carnival which will commence after the Recess break.

Looking forward to a great day!
Mrs Latimer, Mrs Cadorin, Mrs Turner, Mrs Byrom

Health Warning
We have several students attending our school who have an anaphylactic reaction to all nuts. Most parents understand the importance of providing “safe” food for their children. The teachers at our school request that the following foods be avoided to keep our students safe and healthy.

Foods to be Avoided
- Nuts (all)
- Peanut Butter
- Nutella
- Satay

(or any product containing any of the above.) If you are unsure you can check by reading the list of ingredients. If any type of nut is listed, please do not send these items to school.

We have a list of foods which would not be suitable at school: Nut bars, muesli bars, loose nuts, yoghurt with dry mixes, satay sauce, nut mixes, rocky road, cakes, biscuits that contain nuts, chocolate that contain nuts, biscuits/cracker packs with peanut butter/Nutella dip.

It would be appreciated if all parents could avoid sending any of these items to school. We would like a safe environment for all children in our classes.

NAPLAN Years 3 and 5
NAPLAN assessments will be completed from 12 – 14 May 2015 commencing with Language Conventions and Writing assessments. Parents are eligible to withdraw their child from NAPLAN. If you are considering withdrawing your child, please contact Mrs Morton before the end of term as a form needs to be completed.

Friendly Kids Friendly Classrooms
The social skills for home discussion in Weeks 9 & 10 are ...

Being a good winner
Winning feels good but remember to win in such a way that keeps friends.

Dos
Keep your smiles and excitement low-key.
Comment on what the other players did well (don’t overdo it).
Keep trying hard even if you are a long way ahead.
Thank the others for a good game.

Being a good loser
Losing can make you feel bad but staying friends is more important than giving in to your grumpy feelings.

Dos
Accept that you have lost, or are losing, and put on a ‘good face’.
Congratulate the winner and smile.
Comment on what the winner did well.
Say you enjoyed the game and would like to play again another time.
Help pack up and put away materials,
Remember all the times you have won before.
Say to yourself, ‘Someone has to lose this time’.

Are you a good winner and an even better loser?

Road Safety
Wollongong City Council has contacted the school regarding parents parking in the ‘No Stopping’ zone adjacent to the pedestrian crossing and the ‘No Parking’ zone. While we have consistently advertised the law around using these zones (see advice below from Wollongong City Council), parents are still choosing to endanger the lives of our young children. Please follow the road safety rules and protect young lives.

NO STOPPING
Under no circumstances are you permitted to stop on a length of road to which a NO STOPPING sign applies.
(Penalty: exceeds $311 + two demerit points)

NO PARKING
You are permitted to stop in a NO PARKING zone only while you are engaged in dropping off or picking up passengers.
You must stay within three metres of our vehicle.
You must not stop for more than two minutes.
(Penalty: exceeds $173 + two demerit points)

Upstanders Parent Session
I will be attending the Parent information session on Tuesday 24 March from 9 till 10.30am.

Name (please print): ________________________________
High School 2016 – Final week
All Year 6 Students need to return their Expression of Interest for High School placement 2016 by this Friday, 20 March.

Term 2 events and costs
Accompanying today’s newsletter is a family invoice with attached permission notes for the two whole school events planned for Term 2. Music Stars has been heavily subsidised by the P&C and will cost each student $15 while Life Education will cost each student $5. This process has been implemented to enable families to plan their budget. Please also note that when paying online, you may pay for multiple events and multiple children in one transaction. For example, you can pay for all your children to participate in both Music Stars and Life Education in one transaction. Please return the invoice with your permission notes.

Boot Camp
I enjoy Boot Camp with Miss Cat. It can make you fit and strong. Your heart rate is low but at the end your heart rate shoots up. My most favourite thing to do is the ‘Turkish Get Up’.

Liam L

Boot Camp is a very exciting activity where you improve your fitness while also having loads of fun. We get to do things such as rolling big tyres from one side to another and jumping through ropes. Also before and after Boot Camp we test our heart rate and our resting heart rate. There are loads of fun activities in Boot Camp and our very nice and encouraging teacher, Miss Cat, teaches us how to complete the activities while also having fun. After the fabulous session Miss Cat gets two volunteers to help with stretches and a cool down at the end. So far Boot Camp has been an absolutely unforgettable experience for me and I’m sure everyone else enjoys it.

Andrew A

Before Boot Camp Mrs van Kessel gets us to check our resting heart rate while Miss Cat is setting the courses. We head down to Boot Camp and Miss Cat shows us how to do each course like step ups on the bosu balls, rolling tyres and running. After we stretch and have a little rest, Mrs van Kessel gets us to check our heart rate again. We thank Miss Cat and help pack up. I love Boot Camp and each week we all have a blast!

Josh D

Harmony Day $6.00 Meal Deal
This Friday there will be a special $6.00 meal deal available to celebrate Harmony Day. Please drop your orders to the canteen before 9am on the day.
Recess: Fruit custard jelly cup
Lunch: Spaghetti & meatballs & an orange slushy

P&C Annual General Meeting
At last night’s P&C Annual General Meeting, the 2015 executive and coordinators were elected. Congratulations:
• Kevin Johnston - President
• Lisa Pearson - Vice-president
• Trystan Loades - Secretary
• Rosealeen Jardine - Treasurer
• Teresa Hope - Fundraising Coordinator
• Sarah Wilson - Grants Co-ordinator
• Pending - Canteen Manager
• Sarah Wilson - Uniform Shop Coordinator

We look forward to another successful year. The P&C have also allocated funds from the fete held in 2014 to purchase and install air conditioners in the remaining classrooms, Library and administration areas. Thank you, from the staff and students.

Gardening help
Thank you, John and Dan for digging over our vegetable gardens and adding new soil. We have a very keen group of students who are delighted to be able to plant our Autumn crop including potatoes (kindly donated by Mrs van Kessel). Thank you also to the team of young students who have taken it upon themselves to weed the large garden near the COLA and along the front of the school - volunteering at its best!

P & C NEWS
Election Day BBQ and Cake Stall
On Election Day, Saturday 28 March, the P & C will be holding a BBQ and cake stall. The stalls will commence at 8.30am selling egg and bacon rolls, cold drinks and donated home baked cakes, slices and biscuits. If you would like to donate something for the cake stall please collect a cake box from the school office and return it filled with goodies on voting day. The BBQ and cold drinks will be available till 12pm. Please come along and support the P & C’s fundraising and spread the word to friends and neighbours.

COMMUNITY NEWS
Mr Soccer April Camp
Tuesday 7 - Friday 10 April
Time: 9am-3pm
Cost: $50 per day or $150 for the week
Where: Gwynneville Public School
Enquiries; please call Alex on 0438096644

Citylife ADHD Support Group
Coffee and Drop in Morning
information, Education and Support
For parents, carers and friends of children living with ADHD/ASD and associated disorders. We also support adults diagnosed with these disorders.
WHEN: Last Friday of the month   TIME: 10.30 am
WHERE: Citylife Church 2/129 Jardine St Fairy Meadow 2519
Junior Basketball Training Days

$20 per day
PCYC Kurrara St, Umina Beach, NSW

Wednesday, 8 April 2015
10am—2pm

Wednesday, 15 April 2015
10am—2pm

School Years 2 to Year 6
BBQ lunch/drinks provided
Hostings are essential
Contact Bulk PCYC now
Ph: 4294 7719
Email: bulli@pcycnew.org.au

Enrichment, Education, Excitement - Become a Volunteer Host Family!

World Education Program (WEP) is inviting you to experience another culture in your own home by becoming a volunteer host family to an international student arriving in July 2015. Our students from Canada, Denmark, Ecuador, Italy, Belgium, the USA, and France are looking forward to experiencing life in Australia, making new friends and becoming a member of an Australian family soon.

Hosting Is Fun! Find Out more!
Getting to know your student before he or she arrives brings fun and joy to everyone involved. To help you make this important decision, contact WEP today to receive a full information pack for your family.

Sylvia Kelly
Manager – Inbound Exchange Programs
Phone: 1300 884 733 Email: info@wep.org.au
Online: http://www.wep.org.au